

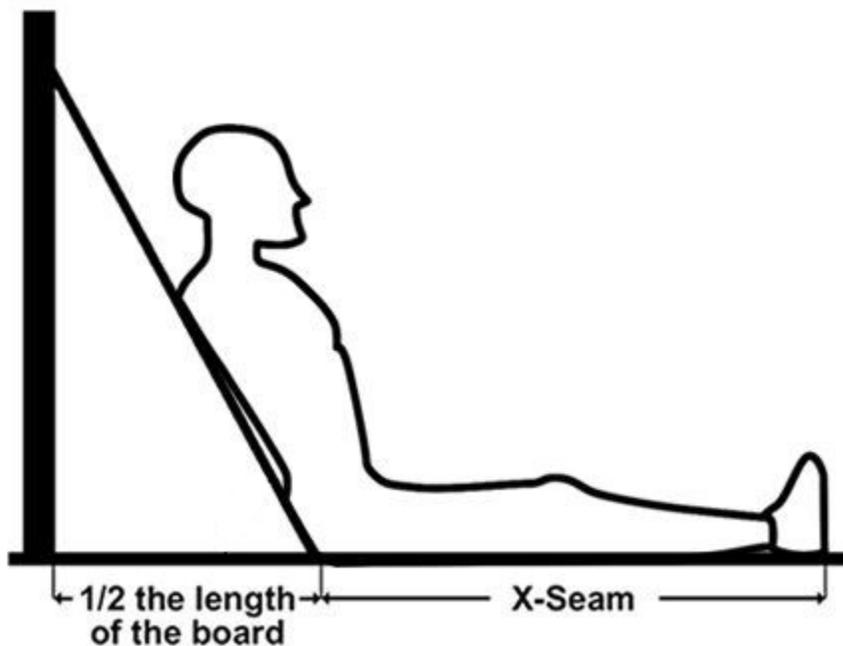
## How do I measure my X-seam?

- After you determine which Catrike model works best for you, the next step will be to figure out or what boom length or boom extension you need, is to measure your X-seam.

Measuring your X-seam is easy. There are several YouTube videos available, but this image explains the process in a simple way.

Youtube link:

[https://youtu.be/uwVE\\_es9rtE](https://youtu.be/uwVE_es9rtE)



Wear shoes you would typically use for riding. Sit very tight against the bottom of the board, lean back, and stretch your legs out straight with the soles of your shoes perpendicular to the floor. Measure the distance in inches from the front of board to the bottom of your shoe. This is an important measurement so have an assistant help you get an accurate number. Use an ironing board, a piece of plywood or whatever long, rigid board you can find. Lean it against a wall spaced approximately half of the board length off the wall.